

Just Checking Assessment

Promoting continued independence

Introduction

Penny is 98-years-old and lives independently in her bungalow. Despite having four scheduled daily care visits, totalling 2 hours and 45 minutes per week, her family was advocating for her to move into a care home. They were concerned about her risk of falls, night-time activity, continence needs, use of kitchen appliances and hydration levels.



Objectives & Method

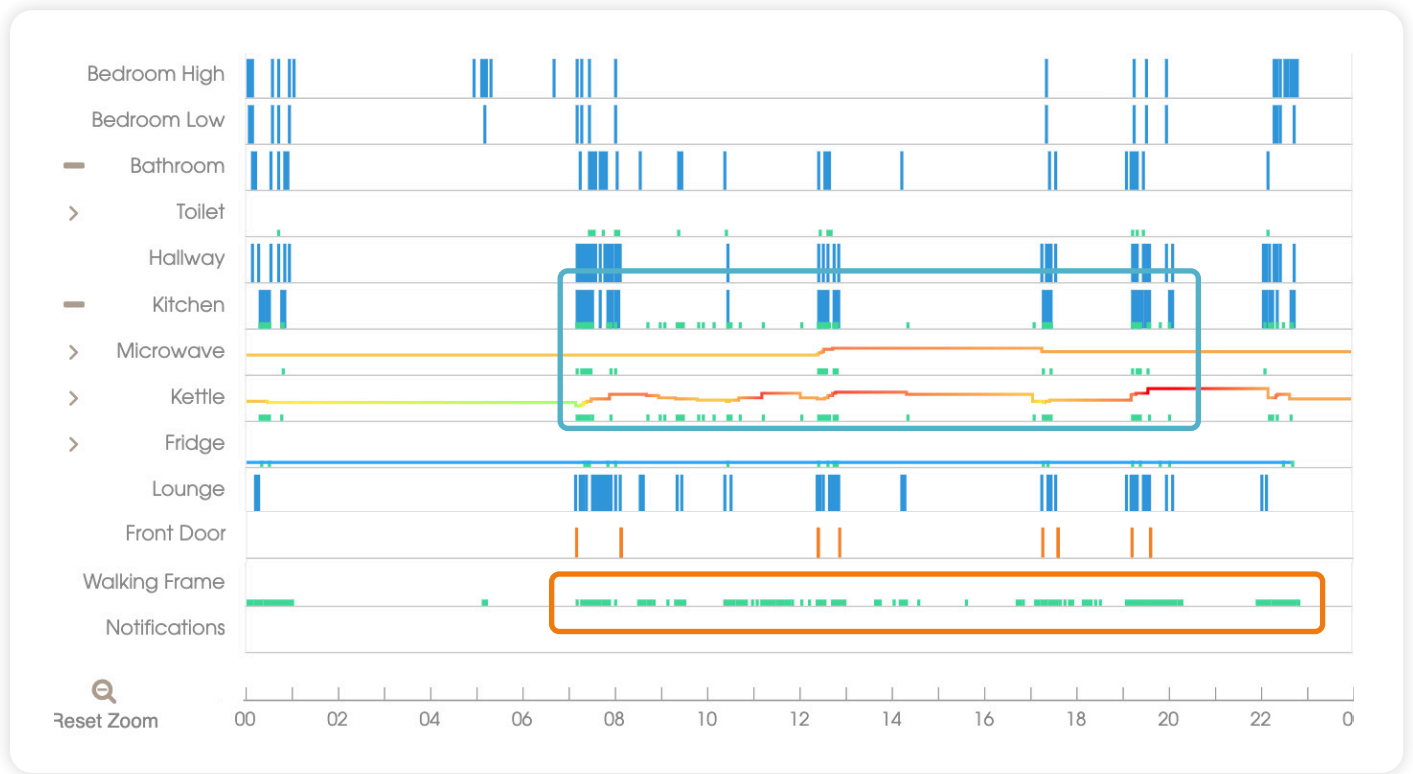
The goal of the referral was to obtain clear, objective data about Penny's daily routines and risk factors to support a decision about whether she could remain safely at home. A Just Checking technician spoke to Penny and her family and answered their questions relating to the data and how Just Checking worked. Motion, door and activity sensors were installed around her bungalow. These sensors created an easy-to-read chart of daily activity.

Data was collected for 2 weeks, and at the end of the assessment period, Just Checking data analysts summarised this into a report for the social worker to review.

Results

The system provided insight into Penny's movement, door activity, use of kitchen appliances and hydration patterns. The assessment did reveal that the front door wasn't being locked at night which has now been addressed by the care agency.

The social worker found the information very informative and was able to make the evidence-based decision that Penny could safely remain at home.



☐ Penny utilising kitchen appliances at meal times

☐ Consistent walking frame use

Next steps

Penny continues to live independently with her quality of life and autonomy maintained, avoiding a residential placement (avoidance saving of £1020 per week). Her care package has been adjusted to better suit her needs, including longer lunchtime and evening visits. This increased Penny's total hours of formal care to 4 hours and 30 minutes per week, a weekly increase of £49.37.

Her social worker was satisfied with the process and plans to use Just Checking again when assessing daily activity and support needs for other individuals.



Penny remained at home for longer



Care hours adjusted to suit Penny (increase of £49.37 per week)



Avoided residential placement (avoidance saving of £1020 per week)



Reassured family